



# July 2021



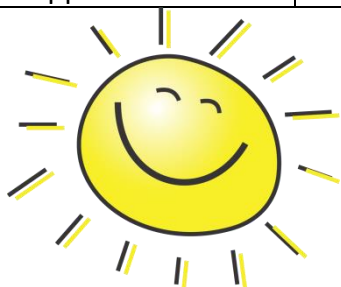
Monday	Tuesday	Wednesday	Thursday	Friday
<b>LUNCH</b>				
5 <b>Closed</b>	6 Pasta /tomato sauce (WG) Side Salad Pineapple Chunks White/Chocolate Milk <u><b>SNACK</b></u> Animal Crackers Orange Slices	7 <u><b>Make Your Own Taco</b></u> Beef, Cheddar Cheese Lettuce, Salsa Apple Slices White/Chocolate Milk <u><b>SNACK</b></u> Blueberry Muffin Apple Sauce	8 Chicken Nuggets (WG) Pasta Salad (WG) Peaches White/Chocolate Milk <u><b>SNACK</b></u> Cheese Stick Apple Slices	9 Pizza (WG) Carrot Sticks Fruit White/Chocolate Milk <u><b>SNACK</b></u> Watermelon Graham Crackers
12 Pasta w Vegetables (WG) Green Salad Fresh Fruit White/Chocolate Milk <u><b>SNACK</b></u> 6oz Apple Juice Sun Chips	13 Sliced Turkey Mashed Sweet Potatoes Apple Sauce White/Chocolate Milk <u><b>SNACK</b></u> Pretzel Goldfish Grapes	14 Hamburger/Cheese Burger Roll (WG) Orange Slices White/Chocolate Milk <u><b>SNACK</b></u> Cheese Stick Apple Slices	15 Chicken Tenders Green Beans Frozen Yogurt White/Chocolate Milk <u><b>SNACK</b></u> Blueberry Muffin Apple Sauce	16 Macaroni & Cheese (WG) Green Salad Peaches White/Chocolate Milk <u><b>SNACK</b></u> Vanilla Yogurt Fruit
19 Chicken & Yellow Rice Black Beans Grapes White/Chocolate Milk <u><b>SNACK</b></u> Carrot Sticks with Dip Pretzels	20 Meatball Sandwich (WG) Pasta Salad Cantaloupes White/Chocolate Milk <u><b>SNACK</b></u> Cheese Stick Apple Slices	21 Chicken Alfredo (WG) Broccoli (WW) Pasta Pineapple White/Chocolate Milk <u><b>SNACK</b></u> Granola Bar Frozen Yogurt	22 Mini Corn Dogs (WG) Goldfish (WG) Peaches White/Chocolate Milk <u><b>SNACK</b></u> Animal Crackers Orange Slices	23 Turkey & Cheese Sandwich (WG) Side Salad Watermelon White/Chocolate Milk <u><b>SNACK</b></u> Grapes Cheddar Cheese Cubes



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<p>26</p> <p>Taco Salad (Beef &amp; Cheese) Nachos (WG) Apple Sauce White/Chocolate Milk <b><u>SNACK</u></b> Blueberry Muffin Apple Sauce</p>	<p>27</p> <p>Parmesan Chicken Rice (WG) Corn Peaches White/Chocolate Milk <b><u>SNACK</u></b> Vanilla Yogurt Fruit</p>	<p>28</p> <p>Beef Stew Noodles (WG) Fruit White/Chocolate Milk <b><u>SNACK</u></b> Peanut Butter Cup Apple Slices</p>	<p>29</p> <p>Chicken Patty Sandwich (WG) Nacho Chips Mandurian Oranges White/Chocolate Milk <b><u>SNACK</u></b> Pretzel Goldfish Grapes</p>	<p>30</p> <p>Ham &amp; Cheese Sandwich (WG) Veggies with Ranch Pineapple White/Chocolate Milk <b><u>SNACK</u></b> Trail Mix Orange Slices</p>
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## LUNCH

<p>2</p> <p>Pasta /tomato sauce (WG) Side Salad Pineapple Chunks White/Chocolate Milk  <b><u>SNACK</u></b> Sun Chips 6oz Apple Juice</p>	<p>3</p> <p>Mini Corn Dogs (WG) Goldfish (WG) Peaches White/Chocolate Milk  <b><u>SNACK</u></b> Nachos &amp; Cheese Salsa</p>	<p>4</p> <p>Make Your Own Taco Beef, Cheddar Cheese Lettuce, Salsa Apple Slices White/Chocolate Milk  <b><u>SNACK</u></b> Peanut Butter Cup Apple Slices</p>	<p>5</p> <p>Chicken Tenders (WG) Pasta Salad (WG) Peaches White/Chocolate Milk  <b><u>SNACK</u></b> Goldfish Cup Grapes</p>	<p>6</p> <p>Pizza (WG) Carrot Sticks Fruit White/Chocolate Milk  <b><u>SNACK</u></b> Watermelon Graham Crackers</p>
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Abbreviations: WG = whole grain